



Updates on Enhancement of GOPC PPP IT Platform & List of Specified Drugs

Dear Doctors,

Thank you for your participation in Co-care (PSY) CME Webinar which was held on 17 June 2022 and your continual support to the GOPC PPP. We are pleased to advise you on the enhancement of GOPC PPP IT Platform and the latest update of the List of Specified Drugs.

Expansion of Programme Co-Care (PSY)

Riding on the existing GOPC PPP, the patient invitation pool had been extended to eligible patients who are attending HA Psychiatry Specialist Out-patient Clinics [SOPC (PSY)], fulfilling the pre-defined clinical criteria and are in stable conditions. Eligible patients would be invited accordingly to join Co-Care (PSY). **Kowloon Hospital** and **Pamela Youde Nethersole Eastern Hospital** will take precedence in inviting eligible patients.

Update on Clinical Assessment Form for Co-Care (PSY) Patients

An update on Clinical Assessment Form specified for Co-Care (PSY) patients was made. The upper part of the assessment is specified for Co-Care (PSY) patients, with some structural fields on mental state examination whereas the lower part is specified for General Health Status. Please see the below:

GOPC PPP Consultation

Remaining Quota: 10

Attendance Details

Follow Up District: Tuen Mun

Disease

☒ Common Mental Disorder

*Reason

☒ FU chronic illness ☐ Episodic issue ☐ Both

*Drug Refill

☐ Yes ☐ No

Subsidy & Payment Details *

Consultation Payment Total \$50.00

Subsidized by GOPC Yes

Charge Amount \$50.00

Change Payment Type

☐ Additional Charging

Consultation Details

Consultation Date 22-Jun-2022

Assessment

Note/Diagnosis

Medications

*Presenting Symptoms & Signs

*Mandatory

*Carry forward

*Mental State Examination

General Mental State ☐ Stable ☐ Unstable

Mood State ☐ Euthymic ☐ Low Mood ☐ Anxious ☐ Others

Speech ☐ Coherent and Relevant ☐ Abnormal

Psychotic Features ☐ Absent ☐ Present

Suicidal Ideations ☐ Absent ☐ Present

Violent Risks ☐ Absent ☐ Present

*Contributing Factors

Psychiatric Signs & Symptoms &
Mental State Examination

GOPC PPP Consultation

Remaining Quota: 10

Attendance Details

Disease
☒ Common Mental Disorder

Reason
☒ FU chronic illness
☐ Episodic issue
☐ Both

Drug Refill
☐ Yes
☐ No

Follow Up District: Tuen Mun

Subsidy & Payment Details *

Subsidized by GOPC
Yes
Charge Amount
\$50.00

Change Payment Type

☐ Additional Charging

Consultation Payment Total

\$50.00

Consultation Details

Assessment

Note/Diagnosis

Medications

Consultation Date

22-Jun-2022

Health Status

BP
 / mmHg
Pulse
 /min
Temp
 °C

Wt
 kg (lb)
Ht
 m
BMI
 kg/m²

H'stix
 mmol/L

Smoking Habit
☐ Non-Smoker
☐ Smoker
☐ Ex-Smoker

Alcohol Use
☐ Non-Drinker
☐ Current Drinker
☐ Social Drinker
☐ Ex-Drinker

Drug Compliance
☐ Good
☐ Fair
☐ Poor

Side Effect of Medications
☐ Yes
☐ No

Dietary Compliance
☐ Good
☐ Fair
☐ Poor

Exercise
☐ Regular
☐ Infrequent
☐ None

Save

Clear

Assessment for
General Health Status

Expansion of Programme Drug List for Co-Care (PSY)

We are pleased to inform you that **SIX** new drugs have been added to the “List of Specified Drugs” for participating patients under Co-care (PSY) programme. You can refer to the Appendix for details. Please be advised that the newly added drug items only applied for participating patients referred by HA SOPC (PSY) under the Co-care (PSY) programme. The ordering of the six new drugs would be opened to you with enrolled Co-care (PSY) patients starting from 24 June 2022.

New Investigation List for patients with History of Thyroid Cancer

In preparation for Co-care (Survivorship) programme to be launched later this year, which targeting patients who are thyroid cancer survivors with low risk of disease recurrence. A new test category list for patients with history of Thyroid Cancer **only** has been added: **do not select** the items in the red box below unless for Co-care (Survivorship) patients. Please stay tuned for our Co-care Service Model through the e-Bulletin and webinars in understanding more about the programme and clinical management tips upon extension of the patient invitation scope.

General Outpatient Clinic Public Private Partnership (GOPC PPP) Programme - Investigation Referral Form	
Patient Particulars	Referral Source
Name: [Text Box]	PSP Name: [Text Box]
HKIC No.: [Text Box]	Reporting Location Code: [Text Box]
Case No.: [Text Box]	PSP Tel. Number: [Text Box]
Follow Up District: Tuen Mun	Request Date: [Text Box]
Investigation Details	
Clinic / Centre Name	Clinic / Centre Address
[Dropdown: Please Select]	[Text Box]
Clinical Information (Mandatory)	
[Text Box: Please enter clinical information for the referral]	
* Please note that only the below listed Investigation items are covered under the Project as set out in the laboratory test and x-rays schedule	
Referral Priority	Next Appointment Date (For 2 weeks before FU only)
<input checked="" type="radio"/> 2 weeks before FU <input type="radio"/> Within 1 week	[Text Box]
Investigation Items	
General Blood Test	Urine Test
<input type="checkbox"/> Haemoglobin A1c (HbA1c)	<input type="checkbox"/> Urine for Protein / Albumin
<input type="checkbox"/> Glucose, Fasting	<input type="checkbox"/> Spot urine Albumin: Creatinine Ratio (ACR)
<input type="checkbox"/> Lipid Profile, Fasting (Chol + Trig + HDL + LDL)	<input type="checkbox"/> Mid-stream Urine (MSU), Routine / Microscopy
<input type="checkbox"/> Renal Function Test (RFT)	<input type="checkbox"/> Mid-stream Urine (MSU), (Microscopy & Bacterial Culture)
<input type="checkbox"/> estimated Glomerular Filtration Rate (eGFR)	Sputum AFB/MBC Test
<input type="checkbox"/> Liver Function Test (LFT)	<input type="checkbox"/> Sputum, Acid Fast Bacilli (Smear / Culture)
<input type="checkbox"/> Urate	<input type="checkbox"/> Sputum (Microscopy & Bacterial Culture)
<input type="checkbox"/> Complete Blood Picture	For patient with History of Thyroid Cancer ONLY
<input type="checkbox"/> CBC with Differential Count	<input checked="" type="checkbox"/> CA Thyroid Follow-up Test
<input type="checkbox"/> Erythrocyte Sedimentation Rate (ESR)	<input checked="" type="checkbox"/> Thyroid Stimulating Hormone(TSH)
<input type="checkbox"/> Thyroid Stimulating Hormone (TSH)	<input checked="" type="checkbox"/> Free Thyroxine(ft4)
<input type="checkbox"/> Free Thyroxine (ft4)	<input checked="" type="checkbox"/> Albumin Adjusted Calcium Level(Ca2+ Adjusted)
	<input checked="" type="checkbox"/> Thyroglobulin(Tg)
	<input checked="" type="checkbox"/> Anti-thyroglobulin Antibody(Anti-TgAb)
In accordance with the Project's T&Cs, the laboratory test and x-ray results from HA hospitals or clinics are for reference only and are not a substitute for professional advice, diagnosis or treatment. It is the Private Doctors' sole responsibility to interpret these results and to arrange for any necessary follow-up, and HA shall have no liability in relation thereto.	
Please print this referral form for patient to make appointment. For enquiry, please contact GOPC PPP Hotline at 23007300	
[Save & Print] [Reset] [Cancel]	

Should you have any enquiries regarding the GOPC PPP and Co-care Service Model, please feel free to contact us at gopcphp@ha.org.hk or via the Programme hotline 2300 7300 (after selecting language, press 5 to speak directly with our hotline staff). Thank you.

Yours faithfully,
GOPC PPP Programme Office
Hospital Authority

List of Specified Drugs

Clinical Indication	Drugs	Applicable to Designated Outpatient Clinic Referred Patient
Anti-hypertensive	<div> <div> Lisinopril Tablet 5mg Lisinopril Tablet 10mg Lisinopril Tablet 20mg Losartan Potassium Tablet 50mg Perindopril Tertbutylamine Tablet 4mg </div> <div>(ACEI & ARB)</div> </div> <div> <div> Atenolol Tablet 50mg Atenolol Tablet 100mg Metoprolol Tartrate Tablet 50mg Metoprolol Tartrate Tablet 100mg Propranolol HCl Tablet 10mg </div> <div>(Beta Blockers)</div> </div> <div> <div> Amlodipine (Besylate) Tablet 5mg Amlodipine (Besylate) Tablet 10mg Felodipine Extended Release Tablet 5mg Felodipine Extended Release Tablet 10mg </div> <div>(CCB)</div> </div> <div> <div> Dyazide (or Equiv) Tablet Indapamide Tablet 2.5mg Moduretic (or Equiv) Tablet </div> <div>(Diuretics)</div> </div>	GOPC / SOPC (MED)
Supplementary to Anti-hypertensive	<div> Aspirin Tablet 80mg Potassium Chloride SR Tablet 600mg Prazosin (HCl) Tablet 1mg Prazosin (HCl) Tablet 2mg Terazosin HCl Tablet 2mg </div>	GOPC / SOPC (MED)
Lipid-regulating	<div> Atorvastatin (Calcium) Tablet 10mg Atorvastatin (Calcium) Tablet 20mg Simvastatin Tablet 10mg Simvastatin Tablet 20mg </div>	GOPC / SOPC (MED)
Anti-diabetic	<div> Gliclazide Tablet 80mg Metformin HCl Tablet 500mg </div>	GOPC / SOPC (MED)
Drugs for bone and joint pain	<div> Alendronate Sodium Tablet (70mg Alendronic Acid) Calcium (Carbonate) + Vitamin D Chew Tablet 1000mg Ca + 800 IU Diclofenac Sodium Slow Release Tablet 100mg Heparinoid Cream 14g Ibandronic Acid Tablet 150mg Methyl Salicylate Compound Ointment 20g Paracetamol Tablet 500mg Pregabalin Capsule 25mg Pregabalin Capsule 75mg Pregabalin Capsule 150mg Tramadol HCl Capsule 50mg </div>	SOPC (O&T)

Clinical Indication	Drugs	Applicable to Designated Outpatient Clinic Referred Patient
Drugs for mental health	Citalopram (HBr) Tablet 20mg	SOPC (PSY)
	Fluoxetine (HCl) Capsule 20mg	
	Paroxetine (HCl) Tablet 20mg	
	Sertraline (HCl) Tablet 50mg	
	Zolpidem Tartrate Tablet 10mg	
	Zopiclone Tablet 7.5mg	
Antibiotics	Augmentin (or Equiv) Tablet 375mg	All Programme Designated Outpatient Clinics
	Ciprofloxacin (HCl) Tablet 250mg	
	Clarithromycin Tablet 250mg	
Drugs for associated health problems	Aluminium / Magnesium Hydroxide and Simethicone Tablet	All Programme Designated Outpatient Clinics
	Ammonia and Ipecacuanha Mixture*	
	Chlorpheniramine Maleate Tablet 4mg	
	Diclofenac Sodium Tablet 25mg	
	Famotidine Tablet 20mg	
	Famotidine Tablet 40mg	
	Ibuprofen Tablet 200mg	
	Loratadine Tablet 10mg	
	Naproxen Tablet 250mg	
	Senna Tablet 7.5mg	

* 120ml/Bottle